

Effective 9.11.11



| Moon Studio | MON | TUE | WED | THURS | FRI | SAT | SUN |
|-------------|------|------|------|-------|------|------|------|
| 6:30am | HPF | AS | HPF | AS | HPF | | |
| 8:00am | AS | HY60 | AS | HY60 | AS | HPF | A2 |
| 9:15am | HY90 | HPF | HY90 | HPF | HY90 | AS | HY90 |
| 11:00am | A2 | HYIN | A2 | AS | | HY90 | |
| 12:30pm | HY60 | | | | | | |
| 1:30pm | | A2 | | | | | |
| 4:30pm | HPF | HY90 | HPF | HY90 | HPF | HY60 | |
| 5:45pm | A2 | | A2 | | HY60 | | |
| 6:15pm | | AS | | AS | | | HPF |
| 7:00pm | HY90 | | HY90 | | | | |
| 7:30pm | | HPF | | HPF | | | |
| 9:00pm | | | | | | | |

Moon Studio Location: 204 Avenida Granada

* 60 minutes

| Sun Studio | MON | TUE | WED | THURS | FRI | SAT | SUN |
|------------|-----|-----|-----|-------|-----|-----|-----|
| 8:00am | | P | FY* | P | | | |
| 8:15am | | | | | | ASH | |
| 9:15am | | | | | | | |
| 9:30am | AF | CS | AF | CS | A1 | Z | AF |
| 10:30am | | | | | | | |
| 11:00am | P | | P | | P | | FY |
| 12:00pm | | | | | | | |
| 2:00pm | | | | | | | |
| 4:30pm | | | | | | | |
| 5:00pm | | ASH | | | | | |
| 6:15pm | Z | | Z | | | | |
| 6:30pm | | | | | | | |
| 7:30pm | A1 | AF | A1 | | | | |
| 8:00pm | | | | | | | |
| 9:00pm | | | | | | | |

Sun Studio Location: 104 S. Ola Vista

* 75 minutes

New Students

For new students only
10 Consecutive days for \$10

First month discount options
 \$85 Monthly (Auto-Pay)
 \$95 Monthly Unlimited

Rates/Auto Pay

| | |
|--------------------|-------|
| Single Class | \$17 |
| 5 Classes* | \$65 |
| 10 Classes* | \$115 |
| 20 Classes* | \$210 |
| 1 Month unlimited | \$140 |
| 3 Months unlimited | \$385 |

Auto Pay \$115
 Auto Pay - Discount \$95

(Military, Full time Students/Teachers & Seniors [55+]
 10% off on all other packages)

**NO Refunds, Transfers,
 Extensions, or Exceptions!**

NO sharing of packages

*Packages expire in 6 months

Rentals: Mat \$2 /Towel \$2 /Water \$1

Other beverages available

Benefits

Flexibility
 Weight Loss
 Strength & Toning
 Stress Reduction
 Increased Vitality
 Focused Attention

Descriptions (On Back)

This is where you can familiarize yourself with the variety of classes offered.